

Monday 26th August 2024

HOLSWORTHY BANK HOLIDAY SWIMMING POOL TIMETABLE

Monday		Aquafit 10.00-10.45	Just Swim 10.45 – 11.30	Just Lanes 11.30 – 12.30	Just Fun 12.30 – 13.30	Just Swim 14.00-16.00	Swimming Lessons 16.00 – 19.00	
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CLASSES
HIIT 09.15 – 09.45 Sports Hall Instructor: Milley
Aquafit 10.00 – 10.45 Swimming Pool Instructor: Milley
Circuits 17.00- 17.45 Sports Hall Instructor: Milley

Prices:

- Adult £5.50
- Swim & Sauna £7.50
- Junior £3.30
- Family Swim (up to 2 adults & 2 children) £15.50
- Under 1's Free
- Parent & Toddler Session £5.50 *Under 3's Free, this session has the use of toys and some floats*
- Just Fun £5.50 *Please note this is session is not FREE to children that have swimming lessons or included in any of our memberships*
- Inflatable Fun £6.25 *Please note this is session is not FREE to children that have swimming lessons or included in any of our memberships. During these sessions the learner pool has toys and floats available*

- The pool hoist is available for use
- A under 8's must be accompanied by an adult at all times
- Aqua nappies must be worn by under 3's.
- Last admission 1 hour prior to closing.
- Please note that the pool will be cleared 5 mins before the end of all swim sessions
- We reserve the right to change activities at short notice.