

# TORRINGTON SUMMER SWIMMING POOL TIMETABLE

From Monday 29<sup>TH</sup> July 2024 to Sunday 1<sup>st</sup> September 2024



Monday					Just Swim & Just Lanes (Two lanes in the pool) 12.00-13.00	Just Fun 13:15 – 14.15	Just Swim 14.30 – 18:30	Swimming Lessons 16:00 – 18:30	Torridgeside Swimming Club 18:30 – 21:00
Tuesday	Just Lanes 06:30 – 07:30 (whole pool)	Just Swim 07:30 – 10:30	Just 50+ & Mobility 10:30 – 12:00	Aquafit 12:00 – 12:45	Just Fun 13.00-14.00	Just Swim 14:15 – 16:00	Swimming Lessons 16:00 – 19:00	Just Swim 19:15 – 20:45	
Wednesday					Aquafit 12:00 – 12:45	Just Fun 13.00-14.00	Just Swim 14.15 – 18.00	Swimming Lessons 16:00 – 18:00	Torridgeside Swimming Club 18:00 – 21:00
Thursday	Just Lanes 06:30 – 07:30 (whole pool)	Just Swim 07:30 – 09:15	Just Swim 09:15-10:15 Parent & Toddler 09:15-10:15	Just 50+ & Mobility 10:15 – 11:45	Aquafit 11:45 – 12:30	Just Fun 12.45-13.45	Just Swim 14.00 – 16:00 Swimming Lessons 15:30 – 18:00	Just Lanes 18:15 – 19:45 (whole pool)	Moonlight Swim 19:45 – 20:45
Friday					Just Swim & Just Lanes (Two lanes in the pool) 12:00 – 13:15	Just Fun 13:30 – 14:30	Just Swim 14:45 – 19:00	Torridgeside Swimming Club 19:00 – 21:30	
Saturday			Just Swim 09:00 – 11:00	Swimming Lessons 09:00 – 11:00	Just Fun 11:15 – 12:15	Just Swim 12.30 – 14.00	Private Booking 14:00 – 16:00		
Sunday				Just Swim & Just Lanes (Two lanes in the pool) 10:00 – 11:30	Just Fun 11:15 – 12:15	Just Swim 12.30 – 14.00	Private Booking 14:00 – 16:00		

**Prices:**

- Adult £5.50
- Swim & Sauna £7.50
- Junior £3.30
- Family Swim (up to 2 adults & 2 children) £15.50
- Under 1's Free
- Parent & Toddler Session £5.50 *Under 3's Free, this session has the use of toys and some floats*
- Just Fun £5.50 *Please note this is session is not FREE to children that have swimming lessons or included in any of our memberships*
- Inflatable Fun £6.25 *Please note this is session is not FREE to children that have swimming lessons or included in any of our memberships. During these sessions the learner pool has toys and floats available*

- The pool hoist is available for use
- A under 8's must be accompanied by an adult at all times
- Aqua nappies must be worn by under 3's.
- Last admission 1 hour prior to closing.
- Please note that the pool will be cleared 5 mins before the end of all swim sessions
- We reserve the right to change activities at short notice.

# TORRINGTON GROUP EXERCISE TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stretch & Tone Torrington Community Centre 10.00-11.00 Instructor: Jenny	Aquafit Swimming Pool 12.00-12.45 Instructor: Lynda	Aquafit Swimming Pool 12.00-12.45 Instructor: Leanne	Aquafit Swimming Pool 11.45 – 12.30 Instructor: Lynda			
Born To Move (2-3yrs) Torrington Community Centre 11.15-11.45 Instructor: Jenny						

## TYPE OF CLASSES

All our classes are open to everyone and we cater for all fitness abilities.  
 If you have any questions please arrive a few minutes early and speak to the instructor.

## Price

Fitness Class £7.00

