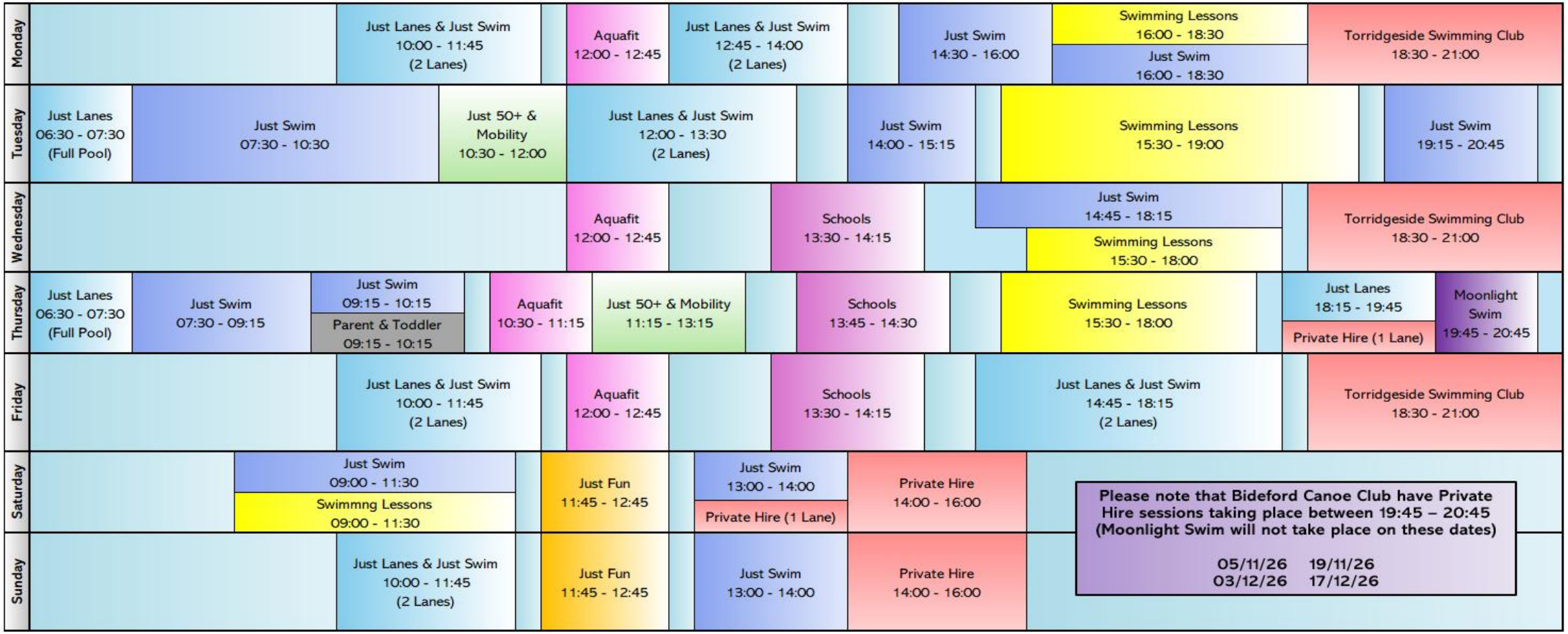
TORRINGTON SWIMMING POOL TIMETABLE

2nd November – 20th December 2026



- Adult £6.00
- Swim & Sauna £8.20
- Junior (1-16 years) £3.70
- Family Swim (Up to 2 Adults & 2 Children) £17.30
- Under 1's Free
- Parent & Toddler Session £6.00 (Under 3's Free, Toys and Floats and included in this session for you to use)
- Just Fun £6.00 (Please note none of our membership or swimming lessons cover this session it is not free)
- Inflatable Fun £7.00 (Please note none of our membership or swimming lessons cover this session it is not free)
- Moonlight Swim £6.00(This session is 16+ & Includes the use of the Sauna for free)

- The pool hoist is available for use
- Under 8's must always be accompanied by an Adult
- Aqua nappies must be worn by under 3's
- Last admissions 1 hour prior to closing
- Please note the pool may be cleared 5 minutes before the swim session finishes
- We reserve the right to change pool activities at short notice
- Private bookings & Just Schools please note there is no use of changing rooms and sauna during these times

ACTIVE TORRIDGE

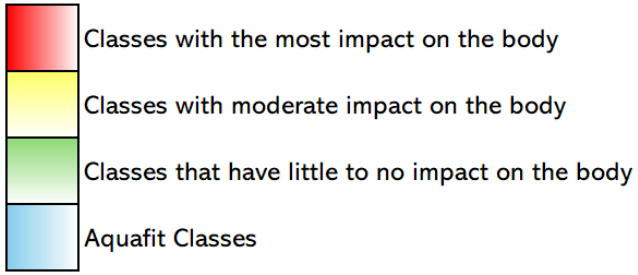
TORRINGTON GROUP EXCERCISE TIMETABLE

2nd November – 20th December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Stretch & Tone 10:30 - 11:30 Castle Community Centre Instructor: Jenny	Body Conditioning 10:30 - 11:30 Castle Community Centre Instructor: Becky P *Starting from 24th November	Aquafit 12:00 - 12:45 Swimming Pool Instructor: Mike	Aquafit 10:30 - 11:15 Swimming Pool Instructor: Channon	Strength & Balance 10:30 - 11:30 Castle Community Centre Instructor: Becky P
Aquafit 12:00 - 12:45 Swimming Pool Instructor: Jenny		Stretch & Tone 13:15 - 14:15 Castle Community Centre Instructor: Marzena		Aquafit 12:00 - 12:45 Swimming Pool Instructor: Jenny
		Stretch & Tone 14:15 - 15:00 Castle Community Centre Instructor: Marzena		**Price:** **Fitness Class: £7.60**

TYPES OF CLASSES:

All our classes are open to everyone, and we cater for all fitness abilities.
If you have any questions, please arrive a few minutes early to speak to the instructor.



Torrington Swimming Pool, School Lane, Great Torrington, EX39 7AJ
Telephone: 01805 640995
Email: hello@activetorridge.co.uk

ACTIVE TORRIDGE